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## Avion 1980-05-29

Embry-Riddle Aeronautical University

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# DIVE INTO SATURDAY'S POOL PARTY!!!

29 may 1980

volume 34

issue 2

# the avion

the award-winning newspaper of college aviation  
embry-riddle aeronautical university



## J.E.T. Opens On Schedule

The Recreation / Athletics Office has announced that a new physical fitness program has been established here this past month. The program is an exercise / jogging trail that will be located around campus, that can be used by students, faculty and staff of Embry-Riddle.

The purpose of Fit-Trail, our new physical fitness program, is to promote physical fitness on our Daytona Beach Campus.

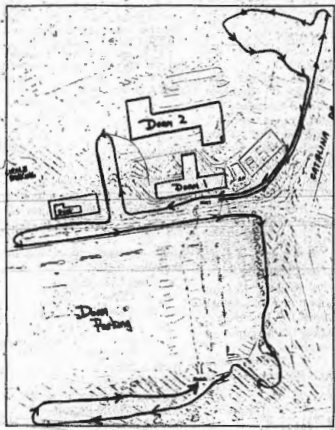
Once you have completed the exercise course, you will have exercised every part of your body. The course is not an obstacle course or a game, but it can provide a lot of fun.

Fit-Trail can be used at any day, dawn to dusk, and costs nothing to use. It is designed for the student, jogger, or athlete. The user merely starts at the instruction sign at the beginning of the course in front of Dorm 1, and walks

or jogs, at his choice, from station to station performing the exercises illustrated at each station. The user is free to choose his own pace and to do any or all of the exercises as he sees fit. The course ends on the other side of the Dorm 1 parking lot, at station 20,

the last one.

The concept of the Fit-Trail course has been developed by physical fitness specialists over a period of 10 years. Presently, several hundred courses are in existence in Europe, with numerous courses being built throughout the United States.



OVERHEAD VIEW OF ERAU's new exercise trail. The trail is 1.3 miles long and includes 20 exercise stations.

## Turbine Developers

### Recieve Distinguished Award

Two men, Air Commodore Sir Frank Whittle and Dr. Hans Joachim Pabst von Ohain, have been given the National Business Aircraft Association, Inc. (NBAA) Meritorious Service Award to aviation for 1980. They will be honored by NBAA members at a special awards dinner on September 24, 1980 during the association's annual meeting in Kansas City, MO.

The award has been given since 1950 to some of the more noteworthy contributors to the advancement of aviation. Some of the famous recipients include Charles Lindbergh, Eddie Rickenbacker, Igor Sikorsky and James Doolittle. The 1979 winner was Dr. Charles Stark Draper the "father of inertial navigation."

Whittle and Ohain both worked on jet engine development between the two world wars. They did not work together, nor could they even compare notes. This was the 1930's. Whittle, did his development work in England while Ohain worked on the opposite side of the geographic and political fence in Germany.

Each recipient has his own share of "firsts." Frank Whittle gets credit for being the first to publish his idea for combining the gas turbine with the concept of jet propulsion. He did this in 1929. He also gets credit for producing the first workable development engine in April, 1937. On the other side of the English Channel, it was Hans van Ohain who developed the first jet engine to power an aircraft, this in 1939.

Von Ohain, who is five years younger than Whittle, began to investigate the possibility of using a propulsion system consisting of a compressor, combustor and turbine in 1938. He attempted to build

a working model in an auto repair shop -- at a cost of \$250.00. This experiment ended in failure when his gasoline combustors did not function.

With a firm belief in his theories but realizing that he would need more sophisticated testing and development facilities, von Ohain convinced Dr. Ernst Heinkel and the Heinkel Corporation to allow him to work on this new type of powerplant at the Heinkel plant in Mairchein in 1936.

Whittle, in the meantime has filed a patent in 1930 for his jet propulsion concept despite a dismissal by an Air Ministry that thought his ideas were impractical because of materials limitations. His patent lay dormant because of lack of interest.

It wasn't until May 1936 that enough interest was aroused to continue development of the English version of the jet engine. Whittle's development engine, called Type U, first ran in April, 1937. Tests on this engine continued until May, 1938, when the engine broke down.

By this time, von Ohain's demonstrator engine, the HeS-1, was running with a static thrust of 1,000 pounds. Heinkel designed a small aircraft to accommodate the new power plant and to demonstrate the feasibility of jet-powered flight.

On August 27, 1939 the small demonstrator aircraft, He-176 flew for 15 minutes with an HeS-3B engine, a further modification for the original with 1,100 pounds of thrust.

The first flight of jet-powered aircraft in England did not occur until May 15, 1941. England, too, designed an aircraft specifically to demonstrate jet-powered flight. The aircraft was the Gloster E.28/29, and the engine was See TURBINES, Page 2.

## Delta Expands Service To Daytona Beach

In response to continuously growing traffic demand, Delta Air Lines will add a fourth daily round trip service to its Daytona Beach flight pattern effective June 1, 1980.

"This new service," said Russ Geriot, Delta's district marketing manager, "is scheduled to take advantage of Del's major Atlanta complex at times permitting connections to and from major traffic centers on Delta's comprehensive routes to the Midwest and northeastern U.S." He noted, also that the schedule times permit Delta to offer popular low cost night coach fares on these flights. "In today's inflationary times," he said, "travelers should find the savings made possible by these low cost flights to be a welcome relief from generally escalating costs."

He enumerated the new service as follows:

... DL884 will leave Daytona Beach at 10 p.m., arriving Atlanta at 11:06 p.m., making connections to 22 flight destinations to cities beyond Atlanta.

... DL883, after securing LARC from up-state cities, will depart Atlanta at 12:46 a.m., arriving Daytona Beach at 1:50 a.m.

"The schedule times of these new flights," he said, "will permit business travelers a full day at most cities in the eastern half of the country before starting their homeward trip." He observed that with the addition of these flights, Delta will offer a total of 704 daily seats in its Daytona Beach service pattern.

## Resource Center Implements New Policies

The Learning Resources Center (LRC) has implemented several new policies. EFFECTIVE IMMEDIATELY. These policies are an attempt to better serve you. Please note of the following:

- \* Your current ID, is required for all transactions.
- \* Check out period for circulating material is two (2) weeks for books and documents and three (3) days for vertical

file materials. Reserve materials, reference books and magazines can not be checked out.

- \* Materials can be renewed but you must bring them in with you to do so.

- \* Overdue notices are sent out when a book has not been returned by the due date.

- \* Overdue materials will automatically be CHARGED TO YOUR ACCOUNT if you do not respond to the overdue

notices sent.

The LRC has a security system which detects materials not properly checked out at the circulation desk. It is the philosophy of the LRC to have all materials accessible to all students. Therefore, when a theft or "unauthorized removal of LRC material" situation arises, the whole student body suffers. In an attempt to alleviate this, each and every time the Security System detects an unauthorized removal of LRC material, action will be taken by the LRC and Dean of Student

Office. This offense could result in disciplinary probation, or suspension from the University. Please check all things out at the circulation desk.

The hours of the LRC are Monday - Thursday, 7:30 a.m. to 10 p.m.; Friday, 7:30 a.m. to 5 p.m.; Saturday 10 a.m. to 5 p.m. and Sunday, 1 p.m. to 10 p.m.



## Transcript Evaluators Cut Red Tape

By Cathy Behis  
Avion Staff Reporter

Chris Williams heads a staff of four transcript evaluators who work at registration and record. Three evaluators handle student's questions concerning credits earned, credits transferred, petitions to take courses off-campus, and Embry-Riddle's standards and procedures. The remaining one's job is to evaluate the transcripts of graduating seniors to insure that each senior meets all the requirements for his or her degree program.

Chris says that she wishes more students would use the services of the evaluators. Each evaluator is very familiar with the school catalog which con-

tains most answers to students' questions.

"We try to eliminate the 'Riddle-run-around' as much as possible by either answering questions on the spot, or by referring students to the person who is most able to help them."

If students want to know where they are in their curriculum, the evaluators are the best source of information. Unlike faculty advisors, evaluators have access to the student's complete academic record. It is especially important to see them if you are switching programs because not all courses are "applicable to all programs."



WHAT'S UP DOC? - Roger Osterholm, one of ERAU's professors, journalism instructor here spends his spare time this summer in the spot light. "Exhale, Larry!" - IN the excitement of the comedy "BOY MEETS GIRL" reading for a May 30 opening at the Daytona Playhouse, Frank Alfano as the fading cowboy star, Larry Toms, sometimes forgets to breathe! Helping him to remember are from left Rick Dreyer, our own Roger Osterholm, Frank Alfano, Ron Dreyer and Nick Varga. Other performances will be on May 31, June 5-7 at 8 p.m. and Sunday Matinees at 2:30 p.m. on June 1 and 8. Call the box office, 255-2431 for ticket, reservations and information. (Photo by Joanne Kash)

## editorial

In recent years, Embry-Riddle has experienced massive growth in student population causing some problems for E-RAU students, faculty, and staff.

Through much effort, the administration has made many improvements to combat the student influx. When I first came to Riddle in the fall of 1977, the new dorm was not yet constructed and many students were living in overcrowded Daytona. Now the students here are able to live closer to school if they wish. Also, the registration system has been upgraded. Agreed, it still needs work but it's far better than the old card pulling system which created even longer lines.

The parking problem, one that faces the majority of off-campus students is being dealt with. New parking lots which are soon to be opened, have been built behind the new Academic Pods. These new lots should alleviate much of the traffic from the existing lots. Those same new Academic Pods or, classroom buildings, will also help out greatly. When they are opened in the fall, we should see a reduction in the overcrowded classrooms that we've had to put up with for the past two years.

These are just a few of the improvements that the administration has been working on to help out. The system still needs a lot of work, but if you take the time to look around I'm sure you'll see that conditions here are slowly (but surely) getting better and better.



## Notices

TO ALL EXERCISE BUFFS AND THOSE WHO WOULD LIKE TO BE:

Are you tired of getting doo-doo on your new Adidas? Tired of playing dodgeball with cars on Catalina Drive when you're the ball? Tired of being passed on the Easter Beach Run by little old ladies running backwards? If so, the E-RAU Recreation Department has the answer. It's the Jogging Exercise Trail (J.E.T.), a 1.3 mile walking and jogging path with 20 exercise stations along the way, located in front of Dorm I.

You and your fellow members are invited to open the trail at 8:15 a.m. Friday, May 30. Provost Jack Fidel will cut the ribbon and SGA President Philip Metz will be the Master of Ceremonies.

JET teshirts featuring KLYDE MORRIS - the JET mascot - will be given to the first 75 to jog/crawl/walk the course. Refreshments will be served and shower facilities will be available throughout the day at the pool.

Hope you'll come and get your JET rating for the health of it!

Looking forward to seeing you.

Leslie Swertfager  
Director, Recreation Depart.

### TRIBUTE TO FALLEN FORMER INSTRUCTOR

A fund is being set up for two-year old Ryan T. Sweeney, son of Thomas R. Sweeney, former instructor at Embry-Riddle. Thomas Sweeney died in a plane crash, March 10 of this year, while flying in New Jersey.

In lieu of other remembrances, a fund is being set up for Thomas' son, Ryan.

To contribute to this cause for one of E-RAU's former faculty, write: S. Richard Dr., W. Mt. Arlington, New Jersey 07856, or contact Frank Stern at 252-3322.

### ROLE OF WOMEN IN ISLAM - DISCUSSED BY PANEL - May 30

The Muslim Student Association would like to invite you to a panel discussion on "The Role of Women in Islam." It will be held in the Common Purpose Room of the University Center, on Friday, May 30th at 8 p.m.

Before attending this discussion you may be interested in reading the article "Women in Islam" which appears in this issue.

### RELOCATING HOUSING!

The Off-Campus Housing Office is now located upstairs directly above the Housing Office in Room 279. Come on over and see me.

Debbie Ehmen  
Off-Campus Housing Secretary

### NEW PHONE SYSTEM ARRIVE AT RIDDLE

As of July 1980 Southern Bell will be installing a new phone system. This system is called the Dimension 2000. It has many features not offered in the present system. Because of the change in systems, it is necessary to hold a training program.

So be looking for the new phones and the newly trained personnel using them - and behold, a new age of communications at E-RAU.

A yellow, 1967 VW wagon and a green, 1965 2-Door Olds are two automobiles abandoned on the Dorm II parking lot.

If they're not removed within ten (10) days, they will be towed by the Daytona Beach Police Dept.

Joe Craddock  
Director  
E-RAU Safety Office

### ATTENTION STUDENTS!!

We now have the following books in the Media Center for your use and enjoyment.

Book for everybody; Fitness for the entire family  
By Benny Crawford  
RA 781 C73  
Jog, Run, Race  
By Joe Henderson  
GV 494 H46  
Fitness after Forty  
By Hall Higdon  
BA 781 H494  
New Exercises For Runners  
Runners World Editors  
6V481 N46  
Fitness with Fun  
By Charles Kuntzleman  
6V481 K96  
The Complete Weight Training Book  
By Bill Benlos  
6V511 R462

## Feministic Movement In Islam

By Harun Rashid

The position of women under Islam has been the subject of repeated controversy among educated Muslims ever since they came under the impact of western civilization. The documentary shown on the TV screen, "Death of a Princess" has totally distorted the image of women in Islam. It viewed a few specific characters in which it made all Islamic women seem to appear to its audience as "rigidly nitwits whose chief interests are TV, pop music and illicit sex" (Times, May 19, 1980).

When Islam appeared in Arabia, women held a very low position in society. It was Islam and the teachings of the Holy Prophet which dispelled the prevailing idea that women were inferior to men. The Quran asserted the dignity of women by declaring "They are an apparel for you and you are an apparel for them." The Quran lent support to the basic equality of women and men by declaring that each sex compliments the other, and neither is inferior in status and dignity. The word "apparel" may be interpreted to mean either protection or dignity and beauty.

The Holy Quran has also made clear in regard to moral and spiritual development, men and women stand on a level of perfect equality. The Prophet encouraged women in the spirit of understanding and inquiry. His wife, "Ayesha" was herself a very knowledgeable woman under his teachings, and during the reign of the first four caliphs her advice, even on political matters was eagerly sought by the rulers of Islam. On Islam jurisprudence she was and is still regarded as a great authority.

In regard to domestic duties, Islam has relieved women of all manual drudgery. According to strict Islamic injunctions, it is not obligatory for a woman to cook the food for her husband or children or to wash their clothes. A woman may refuse to do any or all of these things without this being made a ground of legal complaint against her. If she undertakes these duties out of her regard for the husband, it is an act of sheer grace. This makes the wife co-equal of her husband in home affairs. She is as much responsible for the conduct of domestic affairs as the husband.

The veil is purely a non-religious social custom. A woman has been permitted by Islam to come out with face and hands uncovered in case of genuine need. But baring the face, the hands and the feet, all other parts including the neck, should be completely covered and a long over garment put on which leaves no part of the body exposed. Life in Islamic Arabia was set in a different pattern and the rigorous confinement of women within the four walls of their homes was a phenomenon not to be met with anywhere. Women in early Islam were not and are not totally confined to their homes. They came out on occasions under the stress of economic, social, and religious necessity, but when they did come out they dressed and moved in a particular way which did not make them objects of attraction and they remained very much apart from the society of men. Unnecessary intermixture of the sexes was never approved of by Islam and runs counter to the whole spirit of its teachings.

It is clear that Islam has given equal rights to the members of the female sex. Many of the rights conferred on women by the prophet of Islam, with respect to sex equality the essential human dignity and fundamental equality of women, show that Islam is at one with the legions of the feminist movement.

## International Students Corner

By Oko Uzun

In the last issue, this reporter carried a report on the workshop organized by the International Students Office in conjunction with the National Association for Foreign Students Affairs (NAFSA). Some of the resolutions are already materializing. Some will be implemented. Soon, while some might take some time. Very frantic efforts are being made by the International Students Advisor, Mrs. Skinner, to bring the international students closer to the campus life.

Let us all ask ourselves one question: "What can I contribute towards this integration effort?" After asking yourself this question, try to find an answer to it. A few minutes of your spare time, a change in attitude, a break from that stand-off and keen sense of involvement could spring up a rewarding association that would water in many years of happy union and reunion.

If you have doubts as to what you can do or where to start, stop by the International Students Office. Various organizations are eager to get involved with the international students, so the ball is now in your courts. Come out and prove yourselves and open your part of the door to a fruitful acquaintance at no extra cost. This is one of the ways you can make the best use of your money.

### TURBINES

Continued from pg. 1

the W.I.

Both Whittle and von Ohain continued jet engine development work throughout the war years. They now live in the United States. Whittle is a research professor at the U.S. Naval Academy and von Ohain is an active consultant after retiring as chief scientist with the Aerospace Research Laboratories at Wright Patterson Air Force Base.

### IT'S FUELISH TO WEIGHT

A number of students, staff, and faculty participated in weight management groups last tri - all with varying degrees of success. Just to give an idea - within the ten weeks, average weight loss for the faculty/staff group was 3.4 pounds (11,900 calories), and for the students it was 8.8 pounds (30,800 calories).

This trimester Bill Herten, one of our counselors in the Center for Human Development, is going to continue helping people to help themselves. It will be a combined group for any E-RAU student, staff or

faculty member.

The program will stress changing behavior, both in eating and activity. Each class will last one hour with a one hour exercise group afterward. Enthusiastic and committed people need to contact Bill (in the center, or at extension 320) as soon as possible. The program will begin in about three weeks and run through Summer B.

It is an exciting approach to general health and fitness, while losing weight and learning to keep it off. Ask to see Bill's picture of former self if you want to see some results.

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THE OPINIONS EXPRESSED in this paper are not necessarily those of the University or all members of the Student Body. Letters appearing in the AVION do not necessarily reflect the opinions of this newspaper or its staff. All letters submitted will be printed provided they are not lewd, obscene, or libelous. At the discretion of the editor, and are accompanied by the signature of the writer. Names will be withheld from print if requested.

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## klyde morris



## wes olaszewski



**CO-OP ORIENTATIONS**  
Co-op Orientations are held to inform students of the benefits and procedures of cooperative education. The orientation last about one-half hour, and should answer all your questions about co-op at Embry-Riddle Aeronautical University.

May 29 - Thurs - 9:30 a.m.  
June 9 - Mon - 8:30 a.m.  
June 11 - Wed - 4 p.m.  
June 13 - Fri - 11 a.m.  
June 17 - Tues - 4 p.m.  
June 19 - Thurs - 1:30 p.m.  
July 22 - Tues - 2:30 p.m.  
July 24 - Thurs - 11 a.m.  
July 28 - Mon - 12 Noon

July 30 - Wed - 8:30 a.m.  
Aug. 1 - Fri - 9:30 a.m.

All orientations will be held in the Riddle Theater located in Building A.

For management students who have ever considered a career in the air freight industry? Many Embry-Riddle graduates have found this area of aviation to be very rewarding.

If you would like to discover the opportunity for a career in this exciting industry, you could be a co-op fall for Burlington Northern Air

Freight, the third largest air freight company in the United States.

In this position you will work in a field office learning customer service, warehousing operations, and the computer system.

For more information about this tremendous opportunity see Larry Solvay in the Career Center.

**JUNE 9**  
Eastern Airlines, Miami, Florida  
A&P Mechanics - Testing Only

**JUNE 10**  
Systems Control, Inc., West Palm Beach, Florida  
Aeronautical Engineers - Engineering Psychologist/ Human Factors Analyst, Economic Analyst.

**JULY 10**  
SVERDRUP/AEO, Inc., AEDC Div., Arnold Air Force Station, TN.

Aeronautical Engineers - Propulsion, Aerodynamics, Thermodynamic, and Environmental Testing, Research.  
Computer Science - Scientific and Business Programming, Software

**AUGUST 11**  
Federal Express, Memphis, Tennessee

Flight Coordinator - CO-OP  
Private Pilot's License and Your Meteorology Course Completed  
TBA  
Boeing Aerospace Company  
Houston, Texas

Aeronautical Engineers - Systems & Reliability Engineers, Systems Analysis, Support Engineering.

**TBA**  
Cessna Finance Company,  
Wichita, Kansas

Sales Finance Trainee - Private Pilot's License-Required.

Contact the Career Center to set up appointments.

## The Bar Tender

By Pat Hassett

"This week my little jaunt around town took me to Beach Street located on South Beach near Volusia. The former theater turned to be a smash hit to most people who have been there including myself. There are separated dining rooms, one elevated and one hidden behind lots of live plants.

Old fashioned and modern looks combined throughout Beach St - make the place quite unusual but pleasing to the eye.

Drinks are fairly good and service is quick. There is a selection of about 20 different imported and domestic beers.

Most of the food is moderately priced but don't let your bill bother you, it tastes great. I rate it a 9.5, a good place to take a date!

This week's drink:

- A KRISPEE  
1.) 1/4 shot schnapps  
2.) 1/4 shot Kahlua  
3.) 1/4 shot Amaretto  
4.) Shake and serve on the rocks or put in shot glass and shoot 'em down.
- \*An ideal drink to cure a case of sobriety.



## James Bond Comes to U.C. Friday, June 6



REMEMBER MR. CLASS himself? Well, he'll be coming back to us on June 6th in the U.C. Yup, Sean Connery as James Bond will be back to wow us all with his style and grace in "Goldfinger". If you're one of those that believe that the James Bond movies ended when Connery left you'll have a good time with this one.

Featured at the beginning of June is "007" James Bond in GOLD FINGER.

GOLDFINGER is a classic James Bond character, Ian Fleming story. Filmed in 1964, and starring Sean Connery, Honor Blackman, Gert Frobe, and Harold Sakata, this may be the most entertaining of all the Bond films, complete with an evil genius who is planning an assault on Fort Knox and an Oriental henchman who wields a deadly laser.

The dialogue is crisp, with the following exchange as an example: "Bood (lying on a metal table about to be sliced in half by a deadly laser beam). "Well, Goldfinger, do you expect me to talk? Goldfinger: "No, Mr. Bond; I expect you to die!"

Aside from a dynamite action film, the Title Song by Shirley Bassey will stay with you for quite a while.



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| TUESDAY - Roast Leg of Lamb       | \$6.95 |
| WEDNESDAY - Chicken Ragu          | \$5.95 |
| THURSDAY - Roast Duck             | \$6.95 |
| FRIDAY & SATURDAY - Village Plate | \$8.95 |

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**WHAT'S HAPPENING WITH ENTERTAINMENT!!**

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**Rock 'N Roll with "APOGEE"**

**Saturday May 31, 1980**

**4 to 8 p.m.**

**ERAU Pool**

★ Movies ★

**Fri. JUNE 6 JAMES BOND in "Goldfinger"**

**HORROR NIGHT sponsored by THE AVION**

**Fri. JUNE 13 8:30 in U.C.**

**"NORTH BY NORTHWEST" & "PSYCHO"!!!!!!**

# Roving Reporter: Academic Counseling Examined

By Cath Babbs

The quality of academic counseling is the subject of this week's roving reporter column. Three questions were asked of each student surveyed.

1. Have you ever seen your faculty advisor?
- 2.A. If yes, was he or she helpful?  
B. If no, do you know how to find him or her and would you go to him/her for advice?
3. Do you favor the establishment of an academic counseling center?



An academic counseling center would be a place where two or three people who are well-versed in the requirements for all curriculums and programs would be available to help students plan their academic careers at E-RAU. SUSAN LANE, Senior, Aviation Management

1. "Yes, I know who he is, but if I have a question I usually go to the division chairman who is more knowledgeable and helpful."



2. He's a current teacher of mine, so he's easy to find.  
3. I'd favor it because it's hard to get together with most advisors. They are just teachers who have schedules and most don't keep regular office hours.

BOB MASHACK, Senior

1. I saw him when I was a freshman and it was so long ago that I don't remember if he was helpful or not.
2. I don't know who he is now, but I could find out.
3. I favor establishment of an

academic counseling center. The counseling here is atrocious. I went to the advanced studies coordinator and requested counseling five times. All I received was a poorly printed copy of my initial counseling.

WILL SWANK, Junior, Professional Aeronautics

1. Yes, I've seen him.
2. If I have a question concerning academic matters, I go talk to one of the evaluators in admissions and records. I wouldn't use my faculty advisor.
3. No. The curriculum for each program is quite clearly detailed in the school catalog. We are adults and should be able to take responsibility for planning our own academic curriculum. It would be too difficult to know all the requirements for each program - these proposed counselors would only refer to the catalog anyway which is what the student should have done in the first place.

# WHAT COULD THE ARMY POSSIBLY OFFER A BRIGHT PERSON LIKE YOU?

Drop your guard for a minute. Even though you're in college right now, there are many aspects of the Army that you might find very attractive.

Maybe even irresistible. See for yourself.

## MED SCHOOL ON US

You read it right. The Army's Health Professions Scholarship Program provides necessary tuition, books, lab fees, even microscope rental during medical school.

Plus a tax-free monthly stipend that works out to about \$6,450 a year. (After July 1, 1980, it'll be even more.) After you're accepted into medical school, you can be accepted into our program. Then you'll be commissioned and sign go through school as a Second Lieutenant in the Army Reserve.

The hitch? Very simple. After your residency, you give the Army a year as a doctor for every year the Army gave you as a med student, and under some conditions, with a minimum scholarship obligation being two years' service.

## INTERNSHIP, RESIDENCY & CASH BONUSES

Besides scholarships to medical school, the Army also offers AMA-approved first-year post-graduate and residency training programs.

Such training adds no further obligation to the student in the scholarship program. But any Civilian Graduate Medical Education sponsored by the Army gives you a one-year obligation for every year of sponsorship. But you get a \$9,000 annual bonus every year you're paying back medical school or post-graduate training.

So you not only get your medical education paid for, you get extra pay while you're paying it back.

## A GREAT PLACE TO BE A NURSE

The rich tradition of Army Nursing is one of excellence, dedication, even heroism. And it's a challenge to live up to.

Today, an Army Nurse is the epitome of professionalism, regarded as a critical member of the Army Medical Team.

A BSN degree is required. And the civilian spectrum is almost impossible to match in civilian practice.

And, since you'll be an Army Officer, you'll enjoy more respect and authority than most of your civilian counterparts. You'll also enjoy travel opportunities, officer's pay and officer's privileges.

Army Nursing offers educational opportunities that are second to none. As an Army Nurse, you could be selected for graduate degree programs at civilian universities.

## ADVANCED NURSING COURSE, TUITION-FREE

You get tuition, pay and living allowances. You can also take Nurse Practitioner courses and courses in many clinical specialties. All on the Army.

While these programs do not cost you any money, most of them do incur an additional service obligation.

## A CHANCE TO PRACTICE LAW

If you're about to get your law degree and be admitted to the bar, you should consider a commission in the Judge Advocate General Corps. Because in the Army you get to practice law right from the start.

While your classmates are still doing other lawyers' research and other lawyers' briefs, you could have your own cases, your own clients, in effect, your own practice.

Plus you'll have the pay, prestige and privileges of being an Officer in the United States Army. With a chance to travel and make the most of what you've worked so hard to become. A real, practicing lawyer. Be an Army Lawyer.

## ROTC SCHOLARSHIPS

Though you're too late for a 4-year scholarship, there are 3-, 2-, and even 1-year scholarships available.

They include tuition, books, and lab fees. Plus \$100 a month living allowance. Naturally they're very competitive. Because besides helping you towards your degree, an ROTC scholarship helps you towards the gold bars of an Army Officer.

Stop by the ROTC office on campus and ask about details.

## UP TO \$170 A MONTH

You can combine service in the Army Reserve or National Guard with Army ROTC and get up to \$6,500 while you're still in school.

It's called the Simultaneous Membership Program. You get \$100 a month as an Advanced Army ROTC Cadet and an addi-

tional \$70 a month (sergeant's pay) as an Army Reservist.

When you graduate, you'll be commissioned as a Second Lieutenant, but not necessarily assigned to active duty. Find out about it.

## A BONUS FOR PART-TIME WORK

You can get a \$1,500 bonus just for enlisting in some Army Reserve units. Or up to \$2,000 in educational benefits.

You also get paid for your Reserve duty. It comes out to about \$1,000 a year for about 16 hours a month and two weeks annual training.

And now we have a special program to help you fit the Army Reserve around your school schedule. It's worth a look.

## A SECOND CHANCE AT COLLEGE

Some may find college to be the right place at the wrong time for a variety of reasons. The Army can help them; too.

A few years in the Army can help them get money for tuition and the maturity to use it wisely.

The Army has a program in which money saved for college is matched two-for-one by the government. Then, if one qualifies, a generous bonus is added to that.

So 2 years of service can get you up to \$7,400 for college, 3 years up to \$12,100, and 4 years up to \$14,100. In addition, bonuses up to \$3,000 are available for 4-year enlistments in selected skills.

Add in the experience and maturity gained, and the Army can send an individual back to college a richer person in more ways than one.

We hope these Army opportunities have intrigued you as well as surprised you. Because there is indeed a lot the Army can offer a bright person like you.

For more information, send the coupon.

Please tell me more about:  (AM) Medical School and Army Medicine,  (AN) the Army Nurse Corps,  (AL) Army Law,  (FR) ROTC Scholarships,  (SS) Army Reserve Bonuses,  (PC) Army Educational Benefits.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SCHOOL ATTENDING \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

Send to: BRIGHT OPPORTUNITIES, P.O. BOX 1776  
MT. VERNON, N.Y. 10550

**THIS IS THE ARMY**

Note: To assure receipt of information requested, all blanks must be completed.



BILL MONDY, Sophomore, Aircraft Maintenance Technology

1. No, I've never seen him.
2. I would (and have) gone to the division chairman who was very helpful.
3. I think it would be advantageous for others, but the AMT program is so strict and inflexible that it would be difficult for someone to mess up.



MAX GRAVES, Sophomore, Aviation Administration

1. No, I really don't remember.
2. I saw him at orientation and he wasn't much help. He taught a course totally unrelated to my field of study. I had no confidence in him so I went to the head of the department.
3. I don't think I need one. The evaluators over at the administration office were the most help on more than one occasion. I've switched programs twice.

Other comments were:

"My faculty advisor was very helpful and he seemed to know what was going on."

"I usually go to my BA first because he's been through it all and can advise me on the basis of first-hand experience."

"My previous college had an academic counseling center and most people used it and could rely on their information."

The general student opinion is that faculty advisors have no real power to authorize exceptions or changes, so why not go to someone who does? Division Chairmen are the most utilized sources of information. One faculty member said, "Usually when students ask for advice, they already know what answer they want, if they get a different answer, they will label the advisors as "Bad" and if they hear what they want to hear, then he/[she] is a "good" or "helpful" advisor."

Most of the students interviewed were not familiar with the transcript evaluators who can be very helpful to students who are not sure about courses to take.

# Money Talks: News From Financial Aid

The final decision about the proposed cuts in the federal education budget for next year has not been made by Congress, as of this date. In the last article of MONEY TALKS, we discussed President Carter's proposal to cut the education budget, which could result in a 38% reduction of NDSL funds, and a \$50 cut from each student's Basic Grant award. If you didn't read about this IMPORTANT subject last week,

## Prehistoric Skeleton

By Cathy Habis  
Avion Staff Reporter

What is 15 - 20 feet tall, eight feet wide, 20 feet long, and between three and five tons heavy and one of the earliest residents of Volusia County? It's a giant ground sloth or Eremotherium mirabilis as it is scientifically classified. George Kin, a member of ERAU's math department has been involved in the sloth project from almost the beginning.

The remains of the giant ground sloth were first discovered in October 1975 by the combined efforts of Don Serbousek, a scuba diver who was intensely interested in fossil collecting, and Roger Alexon, a friend of Don's. Roger reported seeing a giant bone that had been exposed by a recent draining of a county-owned gravel pit. Steve Hartman, science curator of the Daytona Beach Museum of Arts and Sciences was notified of the find. Specialists verified that some of the bones

copies of that article are posted on the Financial Aid Bulletin Boards in the U.C. and the Administration Building.

**SCHOLARSHIP RECIPIENTS**  
The Financial Aid Office would like to take this opportunity to congratulate the following students who were awarded scholarships for the Spring and Summer trimesters. These scholarships are based on academic excellence, high aviation standards, integrity and

campus involvement. These students have earned this financial recognition for their accomplishments.

- SPRING SCHOLARSHIPS**  
Capt. Edward W. Kinley Memorial \$500 ..... Richard Adams  
Capt. Casimir S. Szmagaj Memorial \$500 ..... Keith Thomas  
Ninnes, Inc. \$99 ..... Lorraine Haylock  
\$99 ..... Kathryn Gillan

- Rising Classman**  
\$1050 to Thomas Goubeaux ..... Senior  
\$625 ..... Lawrence Chin  
\$600 ..... Junior  
\$600 ..... Hames Zeiler  
Rising Classman  
\$1050 ..... Harold McDonald  
Senior  
\$625 ..... Arthur Burger  
Junior  
\$625 ..... Scott Field  
Sophomore
- Zonta Scholarship**  
\$514 ..... Marilyn Ogden  
\$614 ..... Julie Vance
- SUMMER SCHOLARSHIPS**  
Maurice F. Taylor Scholarship \$1000 ..... Scott Marsh  
Russell F. Holderman Scholarships

- \$500 ..... John Durand  
\$600 ..... Torrence Gill  
\$500 ..... Gregory Martino  
\$600 ..... Phillip Fedron  
\$600 ..... Hames Zeiler  
Rising Classman  
\$1050 ..... Harold McDonald  
Senior  
\$625 ..... Arthur Burger  
Junior  
\$625 ..... Scott Field  
Sophomore

If you would like to be considered for scholarships next year, applications will be available in the Financial Aid Office in August.

**COLLEGE WORK STUDY JOBS**

The following on-campus jobs are available. If you are

interested in any of them, please call Mary C. Lindemeyer in the Student Employment Office, ext. 350. Central Stores - delivery person for the mornings  
Physical Plant - stock clerk for four hours in the morning  
Physical Plant - custodian for four hours Saturday and Sunday  
Dean of Students - student assistant from 1:30 to 4:30  
Recreation - softball refs for Friday; 4:30 to 8:00  
On-campus jobs are posted on the Financial Aid bulletin boards in the U.C. and the Administration Building, so check there for job between issues of Money Talks.

# Giant Sloth to be Displayed This Fall

were giant ground sloth bones, and Steve informed county officials who secured the area. One hundred volunteers helped the experts search for more fossils. Three years of slow and meticulous excavation of the site yielded piles of bones of various creatures.

While the volunteers were searching for more and more bones, the task of identifying and sorting out the existing inventory had to be tackled. George King minored in biology, with an emphasis on paleontology (the study of bones and fossils.) His friend, Steve Hartman, who knew of his background enlisted his help. George spent about four hours per night at the museum surrounded by piles of bones and reference books, helping to identify the various bones.

In addition to the sloth, partial fossils of a prehistoric elephant, a camel, a tapir (pig), and the complete remains of an ancient turtle were found.

In order for fossilization to take place, an organism must

have hard parts and be buried rapidly. A sloth dying in a marsh fulfills this requirement, and the excavation site has the characteristics of a prehistoric marsh.

According to Dr. Gordon Edmond, Curator of vertebrate paleontology at the Royal Ontario Museum in Canada, the Volusia County giant ground sloth is the best preserved and most complete fossil of its kind in North America. It has been called a major scientific discovery.

Prior to this finding, most sloth fossils were found in Central and South America. Fossil fragments of giant ground sloths have been found in Coastal Texas, Georgia, Florida, and South Carolina. It is believed that the sloths migrated north across the Isthmus of Panama and finally arrived in Florida about 150,000 to 200,000 years ago. Sloths are herbivores (plant eaters) and had long tongues that they used like elephant trunks to grasp food. Their large heavy

tails helped them balance in a sitting or standing position. Roaming the marshlands in herds, their great size was all that was needed to protect themselves and their feeding grounds from intruders.

Dr. Edmond spent one year assembling the skeleton of the sloth for the museum in exchange for a share of the remaining bones. Ninety five percent of the bones of the reconstructed sloth are authentic. The missing bones were sculptured and cast in fiberglass. The sloth exhibit is scheduled to open in September, 1980 at the Daytona Beach Museum of Arts and Sciences on Museum Boulevard (one block north of Bellevue off Nova Road.)

Dr. King, under the auspices of the museum, is planning to make a tabulated model of the original excavation site so future generations will be able to see what it looked like in its natural state. It's only a matter of time before that land will be developed and will erase forever the remnants of the prehistoric habitat of Volusia County's giant ground sloth.

\*\*\*\*\*  
\$2.00 OFF COUPON  
Dentist of the Showboat  
Limit 1 per Customer  
Expires June 30th 1980  
Info. Call 253 6511  
\*\*\*\*\*  
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New Bedding All Sizes  
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★ Dinetic Sets      ★ Living Room Sets  
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1650 S. Nova Rd. Daytona Beach  
(1/2 Block South of Seville Rd.)



It's a bird! It's a plane! No, it's a ..... SLOTH????!

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If you have a current license & are current with Renbury-Riddle, you are current with  
**ORMOND BEACH AVIATION**  
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**Call 677-6650**

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bringing validated **I.D.**  
to the  
**NEW SMYRNA BEACH SPEEDWAY**  
corner Rt. 44 & Rt. 15  
will be given  
**FREE ADMISSION**  
**MAY 31st**  
**END OF THE MONTH CHAMPIONSHIP RACE**  
Gates Open: 6 p.m.  
Time Trials: 7p.m.  
Races Begin: 8p.m.



**HERE ARE FOUR GOOD REASONS WHY YOU SHOULD PICK UP YOUR PHONE AND DIAL YOUR CESSNA DEALER\* RIGHT NOW!**



**1. OUTSTANDING PRICES!**

Cessna has authorized Dealers to make outstanding offers on new 1980 model aircraft. Our Dealers have "more room to deal" than ever before. This can mean an outstanding price for you.

**2. NEW FINANCE PLANS!**

There are more new plans for financing available from Cessna Finance Corporation and your Cessna Dealer, **PLUS:**

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A greatly expanded demonstration program makes it easier and more convenient than ever before to get a demonstration arranged at the time and place best suited to your schedule. Call and let your Dealer know what you want demonstrated and when and where.

**4. TRADE-IN APPRAISALS!**

Special emphasis is being given to good used aircraft by your Cessna Dealer. Now is the time to call in the information needed for a good trade-in appraisal ... it's the easy, convenient way to get things moving!

**MAKE A CESSNA GOLD RUSH SALE ACTION CALL!**



IN ONE WAY OR ANOTHER EACH OF THE FOUR REASONS CAN MEAN SAVINGS FOR YOU!

\*OR CALL THE TOLL FREE NUMBER AND TELL THE OPERATOR WHETHER YOU'D LIKE A DEMO FLIGHT A TRADE-IN QUOTE OR FINANCING INFORMATION ... AND CESSNA WILL GET BACK TO YOU, PROMPTLY!

**CALL 800-835-2246**  
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CALL 7 DAYS A WEEK, 24 HOURS A DAY!

WHETHER YOU CALL YOUR CESSNA DEALER, GO SEE HIM OR USE OUR TOLL FREE GOLD RUSH SALE ACTION LINE ... YOU SHOULD DO IT NOW! IT'S A GREAT WAY TO MAKE A GREAT DEAL!

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## WARM UP AND WARM DOWN

Warming up your body to prepare for more strenuous exercise is vitally important in the prevention of muscular injury and severe muscle soreness. In order to warm-up the muscles properly, begin your exercise program gradually with the light stretching exercises described in this article. Slowly increase the pace and intensity of the exercises until your body begins to feel loathe and warm. Perspiration is an excellent indication that your muscles are indeed warm and ready to endure more intense exercise. Since each person is at a different level of fitness, the amount of time spent warming up will vary with each person. Some persons will need at least fifteen minutes of warm-up; others will require more time; and a few can get by on less. Since perspiration is a good indication of your readiness to take more strenuous exercise, let's see how it occurs. Perspiration occurs when your normal body temperature rises because of the increase in blood and muscle temperatures. This increase is important, in order to prepare your muscles properly so that you are less likely to sustain injury or severe soreness. Because the flexibility, endurance, and strength exercises place considerable stress on the muscles, we cannot emphasize strongly enough the importance of a warm-up. Aside from the prevention of severe muscle soreness and injury, a thorough warm-up brings other benefits. For instance, since the blood and muscle temperatures have been increased, the functioning of muscles improves and this will help burn calories as increased during a warm-up, and burning of calories is what you want in weight loss. You would not stop an automobile by running it at 70 miles an hour into a brick wall, instead, you anticipate and begin braking gradually until you come to a complete halt. By the same token, you should warm down the body in the same way that you warm up, with a gradual change in the tempo of activity. By using light stretching exercises you will begin to slow the pace naturally, allowing the body to cool off. During vigorous activity the muscles assist the circulation of blood. If all activity stops abruptly, the effect could be a pooling of blood in the extremities, which might result in muscle cramps or sudden blacking out. This is why it is just as important to include a warm-down in your exercise program as it is to include a warm-up. One suggestion for a good ending: sitting down, slowly rotate your head around, rotate from side to side, and finally just let your head hang forward. Now would be a good time for your relaxation.

Students currently enrolled in Florida colleges may compete for \$800 in prize money to be awarded at the Julius A. Hallgarten Memorial Intercollegiate Chess Tournament scheduled at Florida Atlantic University for Friday, Saturday and Sunday, June 27 to 29. The five-round Swiss, unratated competition is open to teams of four students each and there is no limit to the number of teams competing from each Florida college. The winning team will receive a \$400 prize. The second-place team will be awarded \$250 and third place \$150. Trophies will be given to the individual with the highest score as well as to winning teams and their individual members. The entry fee is \$5 per person. Advance registration is recommended but the deadline for entries is 6 p.m. on the first day of the tournament. Off-campus housing for tournament participants and guests is available at special rates at the University Inn, Boca Raton. For guaranteed housing, reservations must be made through the University Inn no later than June 23. Registration forms and informational flyers are available at the Student Activities Office of each Florida college. The tournament is sponsored by the FAU Foundation and funded through a bequest by the late Julius A. Hallgarten. Further information may be obtained from the FAU Foundation at (305) 395-5100 ext. 2388.

## FAU CHESS TOURNEY OFFERS \$800 IN PRIZES

## RACQUETBALL AT ERAU

Beginners, novices, experts are all invited to play Racquetball. For league play, tournaments, lessons, or just plain fun! Playing times will be Monday and/or Thursday from 4 - 6 p.m. at the Daytona Beach Community College Courts. And playing on these courts is FREE! For more information, contact the ERAU Recreation Office, Dorm Two, Room number 274, or call ext. 359.

## QUICK TIPS GIVEN FOR JOGGING

1. Don't push too hard. Recognize your limits and do what feels good.
2. Use comfortable clothes and shoes.
3. The start, do it on a soft surface.
4. Never eat a big meal.
5. Stay with it, at least 8 - 4 times per week.
6. Always do some stretching before and after each jog.
7. Keep it fun - job around your limits, don't live around your jogging.

## WARM UPS MAKE IT A TWO PART PROCESS

Warm-ups should be in two parts. First, the stretching of your muscles and joints before taking the first jogging step. Second, is the actual warming up of the muscles you're going to use while jogging; the cardiovascular system and leg muscles. This is done by beginning your jog slowly, allowing your body to become adjusted to new demands you are putting on it before picking up your pace. This will usually take from 5 - 10 minutes.

## SOFTBALL

| Week 1<br>Friday, 23 May<br>(Rained Out) | Friday, 6 June<br>Week 3  |
|--|---|
| <b>Week 2<br/>Friday, 30 May</b>         | <b>FIELD 7:</b>   |
| <b>FIELD 7:</b>                          | 5) Maddogs vs Snowblind   |
| 5) Almost Airborne vs Mixed Company      | 6) Two 'n One vs Almost Airborne  |
| 6) Two 'n One vs Summer-time Blues       | 7) Summertime Blues vs Mixed Company  |
| 7) Snowblind vs Capitas                  | <b>FIELD 8:</b>   |
| <b>FIELD 8:</b>                          | 5) Cherry Pickers vs The Club   |
| 5) Rookies vs Maddogs                    | 6) 69ers vs Flight Tech   |
| 6) Cherry Pickers vs Flight Tech         | 7) Airborne vs Nutbusters   |
| 7) The Club vs 69ers                     | <b>FIELD 9:</b>   |
| <b>FIELD 9:</b>                          | 5) Reckless vs Postimers  |
| 5) Airborne vs Postimers                 | 6) Cantlas vs Rookies   |
| 6) Nutbusters vs Reckless                | <b>DID YOU KNOW?</b>  |
|  | Two to fifteen percent of the nation has heart disease, and should be extremely cautious about jogging. |

Dedication Ceremonies are  
Friday, May 30, 8:15 am,  
in front of Dorm 1



Come get  
**J \* E \* T**  
T-shirt

(The first 75 finishers will receive  
official J \* E \* T T-Shirts.)

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WE WILL NOT BE UNDERSOLD!

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**"GOLDEN WEST"**  
Sale Price \$699  
Frame with drawer, pedestal, Mattress, liner and heater included.

**FRAME SPECIAL**  
Comes With:  
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**"ROUND PLUSH"**  
Sale Price \$599  
Frame with drawer, pedestal, mattress, liner and heater included.



**"PLUSH II"**  
Sale Price \$349  
Drawer, pedestal optional. Wood pedestal included. Mattress, liner and heater included.

EASY FINANCING!

## REMINDER

# TWO DAYS LEFT FOR FACULTY AND ADMINISTRATION PHOENIX 81 YEARBOOK PHOTOS

THEY ARE BEING TAKEN

## FACULTY STAFF LOUNGE

FROM 8 TO 5



# NTSB Reveals Cause of Thurmon Munson Crash

The crash of a Cessna Citation jet piloted by baseball star Thurmon Munson was caused by his failure to maintain sufficient airspeed during an attempted landing at Akron-Canton Airport, the National Transportation Safety Board reported April 16, 1980.

The New York Yankee catcher was practicing touch-and-go landings on August 2, 1979, when his plane crashed about 870 feet short of the runway. Two passengers escaped from the burning aircraft, but they

were unable to extricate Munson from the wreckage and he died from the effects of the fire.

The investigation showed that the aircraft's flaps were up during Munson's last landing attempt, but the aircraft was flown at its normal "flaps-extended" airspeed. The airspeed was too low for the aircraft configuration, and the pilot failed to advance the engine power sufficiently to prevent a stall.

The probable cause of the

accident was "the pilot's failure to recognize the need for, and to take action to maintain, sufficient airspeed to prevent a stall during an attempted landing. The pilot also failed to recognize the need for timely and sufficient power application to prevent the stall during an approach conducted inadvertently without flaps extended."

"Contributing to the pilot's inability to recognize the problem and take proper action was his failure to use the appropriate checklist and his non-

standard flight patterns which resulted in an abnormal approach profile."

The vote on the probable cause was 3 to 1. Member Francis H. McAdams concurred and dissented, stating the pilot's flight experience in the Cessna Citation should have been cited as a causal factor. He also stated that inadequate training may have been a causal factor. Member McAdams will file a separate statement.

Munson had begun his flight training on February 27, 1978,

in a single engine Cessna 160 aircraft. In April, he also began training in a twin engine BE-60 "Duke" aircraft. On June 11, he successfully completed his private pilot checkride and was issued his private pilot certificate. He received his multi-engine rating on June 15. On February 10, 1979, he purchased a BE-90 "King Air." He flew this aircraft until July 6, 1979, when he purchased the Cessna Citation. At the time of the accident, he had accumulated a total of 516

hours of flying time, 83 of which were logged in a Cessna Citation. Both passengers were certified pilots, but neither had flown in turbojet-type aircraft.

Prior to the accident, Munson had executed three touch-and-go landings. During the first two, the aircraft's flaps were extended, and the touch-down was normal. On the third approach, Munson allowed the passenger in the right seat to fly a zero flap approach. Munson handled the throttles and the passenger handled the control yoke and trim despite the fact he was not qualified to assist the pilot.

On the fourth and final landing approach the passenger in the right seat said he had to advise Munson to lower the gear. In addition, neither of the passengers saw Munson attempt to lower the aircraft flaps during the last approach.

"An oversight was made, and the pilot forgot to lower the flaps. He flew the approach at a normal (full flap) approach speed of about 20 knots below that required for a no-flap approach. The aircraft entered a high sink rate and continued below the glidepath without adequate and timely corrective action by the pilot," the Board concluded.

In its analysis of the accident, the Board concluded that Munson's conduct of the flight set the stage for "oversight and confusion." His disregard for standard practices, procedures and regulations created an atmosphere in which he could not recognize a worsened situation. The Board also said it was possible that a more experienced pilot may have been able to recognize the dangerous situation more readily and taken proper corrective action. But the Board said Munson had received more training than required by Federal Aviation Regulations and had been certified as a competent pilot who had demonstrated "above average" skill.

He certainly would not have been certified and described as above average if he had flown the aircraft during training and his checkride in the manner described by the passengers. "Therefore the Safety Board concludes that the manner in which the pilot conducted the flight was the primary factor which precipitated the accident sequence, not his training and experience."

The Safety Board's complete printed report will be available this week. Single copies may be obtained without charge by writing to the Publications Branch, NTSB, Washington, D.C. 20584.

### COOL TIME IN THE HOT SEASON!

Do you have any plans for a hot, summer day? Join all the fun at E-RAU's 1st Annual Pool Party, Saturday May 31st from 4 - 8 p.m. You can rock 'n' roll to music by "APOGEE", a local group from New Smyrna. What a better way to quench your thirst than with a glass or two or three... from the legs of Miller on hand.

There will be a crazy diving competition (so practice up) and unusual relay races between the outrageous times. A water polo game is also planned (if you can still swim after all this). Super prizes will be awarded.

Faculty and staff are also invited and encouraged to participate in the fun.

Just think, you can get back at your studies in the relay races! And students, you can try your hands (and legs) at beating the faculty.

So, let's all get warmed up and wet 'n' wild for Saturday night. Come splash into summer, listen to some good tunes, drink some beer (or Pepsi) and have an overall terrific time!! See you there...

## Six hot tickets for cool summer nights.

The advertisement displays six movie tickets from Columbia Pictures, arranged in a fan-like pattern. Each ticket features a different movie title and a unique graphic design. The tickets are:
 

- The Blue Lagoon**: "A story of natural love." Shows a couple embracing.
- Close Encounters of the Third Kind**: "Now for the first time filmgoers will be able to share the ultimate experience of being inside." Shows a UFO sighting.
- Wholly Moses!**: "What a cast!" Lists the ensemble cast including Dudley Moore, Laraine Newman, James Coco, Paul Suroi, Jack Gyllford, Dom DeLuise, John Houseman, Madeline Kahn, David L. Lander, Richard Pryor, and John Ritter.
- Beverly Hills Cop**: "Beverly Hills and the civilized world will never forget them." Shows Axel Foley and the Beverly Hills Police.
- Misery**: "Train Up." Shows a man being pulled up by a crane.
- The Mountain Men**: "They lived for every moment because survival was their way of life." Shows men in a rugged, mountainous landscape.

 Each ticket includes the Columbia Pictures logo and the text "COLUMBIA PICTURES PRESENTS".

# Holistic Health Program Adopted by Riddle Health Center

Holism is a humanistic approach toward enhancing both quantity and, especially, quality of life. A total health care system based on Holism is a model which involves education, prevention and maintenance.

The model attempts to treat the individual as a whole - body, mind, and spirit. It presents a symbiotic balance of all levels or considerations pertaining to the individual's life:

**1. CONSCIOUSNESS OF THE INDIVIDUAL**  
The full range of his awareness, beliefs, and attitudes.

All states of illness/health have inherent psychosomatic factors.  
—Placebo effect - any procedure having a positive effect on outcome which initially was thought not to have any effect. —"the faith that heals". Holistic measures have "placebo effect."

—"Physis" - Greek root of the word "physician" - "the healer within".  
—Single factor causation of disease - a myth.

**2. STRESS**  
Its effects and management!  
—Prolonged stress will elevate blood serum cholesterol levels.  
—Time urgency personality - single most important factor which is predictive of

heart disease.

**TYPE I STRESS**

Immediate, identifiable, biological, and resolvable. An adaptive stress response which is normal, having no destructive effects.

Type II Stress - Phase IV tends to be absent in the individual who handles stress poorly. Relaxation techniques, etc. deal with the reintroduction of Phase IV. Can change at any one of these points to Type I.

(IV - Signs, symptoms of disability, morbidity and mortality.)  
Phase IV is a regenerative state, more restorative than deep sleep.

Type I stressors are more prone to cardio-vascular disease and cancer. External presentation of both types personalities is essentially "opposite" but scores on the MMPI indicate both are high in somatization of stress.

**3. NUTRITION AND DIET**  
—The "more extreme a diet, the more likely it is to be deficient."  
Proper diet includes all food groups plus eight essential amino acids.

—Coffee - 80-120 mgm of caffeine/cup. Consumption of above 240-270 mgm will produce symptoms of anxiety attack in an eight-hour period

in 50 percent of any randomly chosen population.

—Alcohol - moderate consumption is preferred over abstinence and, of course, over-indulgence.

- a. 2 oz. 80 proof whiskey
- or . 30 gm. beer or 7 oz. wine per day
- b. consumed over the course of a day (not just "cocktail hour")
- c. in a social situation (not alone).

**4. PHYSICAL ACTIVITY**  
Single most important factor to good health:

- Not synonymous with competitive level sports.
- Heavy contact sports are inversely proportional to good health.
- Moderate level activity with 5-10 minutes of "warm-up" and "cool down".
- Aerobic exercise to attain levels of cardio pulmonary exertion.

- Ideal exercises are:
  - a. Walking (No. 1)
  - b. Running (jogging)
  - c. Swimming
  - d. Cycling
  - e. Rope-climbing
  - f. Cross-country skiing
  - g. Aerobic dancing.
- Minimum frequency every other day (4 x week)

**5. ENVIRONMENTAL**

**FACTORS** - tangible environment and psychosocial environment.

—Holism is an ecologically oriented health model.

**6. ECONOMIC, POLITICAL AND PROFESSIONAL ISSUES**  
—Preventive health care is cost-effective.

—Insurance companies which reimburse for non-traditional treatment/training (i.e. biofeedback).  
—Existing system of health care is second largest industry in USA, caught up in economics and politics (Pathology Management Industry). Capability of this system to deliver HEALTH to U.S. population have chronic health problems. Current system presents "after the fact" medicine.

—Individuals have moral obligation to preserve their own health. "We can become our own solution."

**7. LONGEVITY**  
Lifespan can be increased, but we must consider first the QUALITY of life. Common factors for long life:

- a. Mountainous terrain (2500-1500 ft.)
- b. Natural, non-purified water.
- c. Lacto-vegetarianism.
- d. Chronic underfeeding
- e. Regular physical activity
- f. Moderate alcohol consumption.
- g. Regular sexual activity (not just intercourse, but touching, etc.)
- h. Sustained sense of purpose, community involvement.

**ADDITIONAL CONSIDERATIONS IN HOLISM:**

- 1. "Afflictions of Civilization", concept of "Modern Plagues". Diseases on the rise within traditional system of living:
  - 1. Cancer
  - 2. Respiratory Disorders
  - 3. Arthritic Disorders
  - 4. Depression
- Cardiovascular disease has

decreased slightly in the last 10 years but still is number one killer/debilitator with cancer a close second.

**II. Individual's Expectation of Treatment**  
The individual's expectations of treatment are important - reflect whether or not it will work.

**III. HDL (High Density Lipoprotein)**  
HDL transports cholesterol away from the cells to the liver for excretion. Factors which increase HDL:

- a. Reduction of calories
- b. Elimination of animal fat in diet
- c. Consumption of fish in diet (not shellfish)
- d. Consumption of garlic.

Brewer's yeast, lecithin

e. Moderate ETOH (alcohol)

f. Physical activity (single most important factor)  
g. cessation of smoking  
IV. Heavy Smoking Causes Sleep Disruption.

V. Holistic Medicine and Mind as Healer, and Mind as Slayer, by Kenneth Pelletier, Ph.D. - Extensive reference bibliography in these publications.  
This outline information guide on - Holistic medicine may help you better understand the approach used by the Health Center at E-RAU and it can help you take better care of yourself.

## Crew Inadequacies Cause Multi Engine Crashes

A study of accidents following engine failure in light twin engine aircraft showed that the most common factor in the accidents over a five-year period was the apparent lack of crew proficiency in response to the emergencies, the National Transportation Safety Board said.

"Often these accidents involve some degree of panic, probably related to inadequate immediate recall of the exact emergency procedures or lack of confidence in ability to execute the emergency procedures," the Board said. These symptoms are indicative of insufficient recurrent training.

The finding was contained in a "Special Study - Light Twin-Engine Aircraft Accidents Following Engine Failures, 1972-1976."

In the five years from 1972 through 1976, there were 477 accidents following engine failure or malfunctions in light-twin engine aircraft. Of these, 138 were fatal, and claimed 289 lives. Three hundred seventy-four persons were injured in the accidents.

The Board said the study showed the percentage of light twin accidents following engine failure that are fatal is more than four times that in single engine aircraft. "Probably contributing to this substantial difference in percentage of fatal

accidents are the considerable higher average speeds and generally greater weight of the light-twin resulting in more severe crashes," the Board said.

The study also showed that there is a relationship between the rate of occurrence of accidents following engine failures in light twins and the power loading (ratio of gross weight to horsepower) of these aircraft. The Safety Board said it believed that this relationship should be considered carefully by the Federal Aviation Administration in reviewing airworthiness regulations, and when drafting new regulations covering commuter airline operations especially where the increased use of light twins for revenue-producing operations present the potential for serious consequences. In addition, the NTSB believes that general aviation aircraft manufacturers should be cognizant of this relationship when designing new light-twin engine aircraft.

In other findings, the Board said, the most prevalent accident following light twin-engine failure was a landing-type accident. These, however, were almost never fatal. But accidents involving stalls, collisions with the ground or water, and collisions with other obstacles account for 92% of the fatal accidents following engine failure, the Board said.

As a result of its study, the

NTSB made a series of recommendations to the FAA including:

+ disseminate to pilots, flight instructors and FAA inspectors on a periodic basis current information on how to manage light twin-engine aircraft following an engine failure.

+ renew pilot handbooks for light twin-engine aircraft to determine if there is a need for any additional explanatory information - especially regarding single engine performance and normal operation of the aircraft below V me (the minimum speed at which the airplane can be controlled on one engine).

+ amend Federal regulations to require that an airman who wishes to act as pilot-in-command of a multiengine aircraft must have successfully completed a flight review in a multi-engine aircraft within the last 24 months. Under current regulations, this requirement can be satisfied in a single engine aircraft.

+ require that a pilot during the multi-engine flight review demonstrate the maneuvers that are required for a multi-engine proficiency check especially those maneuvers related to power loss. Under current regulations a pilot does not have to demonstrate proficiency in maneuvers related to power loss.



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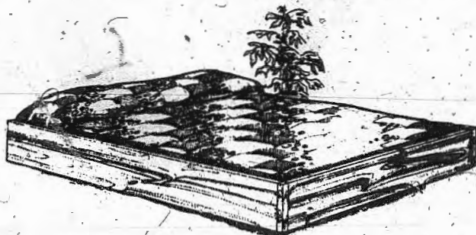
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autos for sale

FOR SALE: Car back 89 Good condition "like up" - economic gas mileage... \$1900.00 or best offer Phone 788-0648.

1973 Ford F150 - Dependable transportation - good gas mileage, asking \$500.00. Call 258-5631 or drop note in 1097.

1974 VW Bug - Clean Cond., asking \$1800. Call 258-5631 or drop note in 1097.

ACE HOBBYS

587 Beville Rd. (Golfview Plaza) South Daytona - 761-9780

- R/C - Cars, Planes, Boats & Motorcycles
Plastic Models - Trains, Macramé & Supplies - PLUS TSR Games
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1975 VW Scirocco! Air conditioned, automatic. Great Condition! \$2,800 - contact 787-9264 after 8 p.m. or on weekends or drop a note in Box 318.

1968 Fiberglass excellent condition, two Michelin tires, recent paint, output brakes, check, shocks AM/FM, 8 track, very clean car. Asking \$2,150. Contact 258-9613 or Box 318.

1973 VW Bug - Good condition - asking \$1500 - call 258-5631 or Box 1097.

69 Camaro Convertible '327 auto, mech. electrically excellent, interior immac. Electric Top, P.D., P.B., AM/FM cassette in dash. Call 258-1107 ask for Jeff.

FOR SALE: 75 AMC Matador. Good Condition - \$800 or best offer. Call 787-9264 after 8 p.m. or drop a note in Box 318.

1974 Pontiac Catalina - excellent running condition - \$800 or best offer. Call 787-9264 after 8 p.m. or drop a note in Box 318.

CHEVY VAN 1978 - FOR SALE - Like new!! Excellent Condition! 7000 miles, 4 wheel, sliding chairs (3 reclining with back pockets), 1 sofa bed. Lavatory with electric pump and small water tank. Ice Box. Sliding Door. Storage cabinets. Rust-proofed. AM/FM stereo radio with 8-track tilt driving wheel, air cond., speed control & automatic transmission. 40 channel CB radio, digital clock, 2 front and 2 rear speakers. Round table. Carpet floor. Vinyl walls. 4 bay windows with drapes. Sliding door, burglar alarm, roof luggage carrier, ladder, spare tire carrier, 4 aircraft lights, 1 triple dome light with dimmer, 1 cabin light above lavatory, very smooth. Quiet driving. Excellent for any trip and city driving. Please call 252-7962 for other details.

found or lost

Found in the International Students Office one pair brown sunglasses. Owner may pick up in Student Activities. Lost and Found.

LOST: a Silver Cross pencil - If found contact Tom Box 6614 or call 258-9273, RCM 201.

LOST: Pair of prescription sunglasses in soft case. If found, contact Blanton Lawson at 312.

FOUND: 1 pair of sunglasses in an OGIOP on Thruway Hwy 8, Identity B and it's yours. Leave a note in Box 5885.

cycles for sale

1975 HONDA CR 125 M - new machine & top end - best offer over \$250 - High Point Motorcycle Enduro - Boots size 10 1/2 - \$20. Contact Dale 787-7968.

1975 Honda CR 700K 3.800 miles. 2nd brand new, \$2,100 with cover, luggage rack and backrest. Call 787-9264 after 8 p.m. add on weekends or drop a note in Box 318.

FOR SALE: Suzuki 325 cc only 1755 mi. 60-75 mph. \$2500.00 or best offer. Phone 258-0957.

MOTORCYCLE: 1978 Suzuki GS550F. Excellent condition. 65 mph 603 hpi \$1750.00. Extras include: crash bar, necessary rack, helmet, rain suit, cover. Contact Tim - E-RAU J-106 or 258-0609.

audio for sale

FOR SALE: Have two Kenwood speakers, brand new still in box, has universal jacks. Good sound and are very compact size @ 1 1/2" x 2 1/2". Good for small spot or your dorm rate. New would run \$149.90 - 1/2 off for \$75.00. Contact Box 2287 or 258-6891.

aviation stuff

ARE YOU INTERESTED IN OWNING A NEW AIRCRAFT AT A USED AIRCRAFT PRICE? FOR MORE INFORMATION CALL DAVE COLE OR RANDY BOWSER AT 258-6469.

CALL US ABOUT MULTIPLE OWNER CONCEPT FOR AIRCRAFT DAVE COLE OR RANDY BOWSER - PHONE 258-6469.

COMPLETE set of brand new tools - A&P mechanic - 788-0338.

miscellaneous for sale

FOR SALE: Radiator for Triumph spitfire in good condition - contact Tim F. Box 8114 or call 252-9123 RM. 301.

TYPEWRITER: Smith Corona manual portable, 14 in. carrier, power space, pie type. Like new, cheap - \$80.00. Leave note in Box 1233.

rooms for rent

Male roomer seeking an apartment or house for 8/28 & Fall. Prefer within 4 miles of school & rent under \$125. Call collect after 7 P.m. at (800) 782-5933.

FOR RENT: 5 rms 2 1/2 bath or etc. - one 3 BR in great location from bus-st. - Two, single - \$500 / mo. utilities incl. - 223 N. Ocean Ave. 358-0341.

FOR RENT: House, 3 miles from E-RAU - 3 bed, 1 bath, air, fenced yard. Prefer couple or family, pet and children OK. Available July 1. \$290 per mo. Call Peter Brooker - Ext. 312 or 258-5013 - revamps.

Roommate - wanted to share 3 bdrm house - rent \$180 month - 1/2 utilities - wanted 257 Magnolia - call Bill or Mickey - 258-3819 or Box 4044.

MALE OR FEMALE ROOMMATE wanted for 3 bdrm house. 1/2 utilities - 257 Magnolia - phone Bill or Mickey - 258-3819 or Box 4044.

FOR SALE: All wooden dpt. 6 drawers, weight approx 150 lbs. Good for personal, student asking \$85 - Box 1426 or 783-3754.

miscellaneous

STYING IN HOME - 10% experience will do. Tryon Ave. home. Reasonable rates. Call after 1 P.M. - 787-4815, ask for Debbie.

HAIRING Service - good rates - always available - call 787-9264 - Box 1089.

rooms for rent

Male roomer seeking an apartment or house for 8/28 & Fall. Prefer within 4 miles of school & rent under \$125. Call collect after 7 P.m. at (800) 782-5933.

FOR RENT: 5 rms 2 1/2 bath or etc. - one 3 BR in great location from bus-st. - Two, single - \$500 / mo. utilities incl. - 223 N. Ocean Ave. 358-0341.

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personals

THE GREAT GUY: I'm strong, clean to live, Bill and Physical Fitness.

HIM: Thanks for a great time this weekend. Last weekend's date - Funcho.

Forc Carls, just remember, things always work out for the better.

All I want is you - you're everything I need in this crazy life.

LUXURIOUS LIVING Available for old male - reasonable income student. New 2 bedrooms - 5 1/2 bath, two-car garage on the ocean. Kitchen has all new appliances, including dishwasher and ice-maker. Quiet living at its best. \$200 per month - contact Chip - 788-1626.

ROOM FOR RENT - large house located in Ormond Beach. 3 other roommates - \$100 a month. Newly remodeled, excellent opportunity to live away from school! Call Faith at Ext. 326 of Randy at 677-2410. Must rent immedi.

DEFINITION: Dreamboat - something not to engage in with Dr. McColister.

L.A.P. Happy Birthday!!! One week to go. FOM: I want no part of outer space. You can't get there unless you die first. All I want is some inner space. Where I can park my anonymous.

Every Sunday! Campus Ministry Announces Catholic Masses 10a.m. & 10p.m. Protestant Services 11:15a.m. Common Purpose Room U.C.

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